



MAHALLE TOE UP SOCK

Designed for Urth Yarns

Materials: 1 kit Urth Uneek Sock

75% merino, 25% nylon

2 skeins, 50g each

Size: Women's S, M, L - 7 (8, 9)"/17.75 (20.25, 22.75) cm foot length.

3 (3.25, 3.5)"/ 7.5 (8.25, 9) cm at widest point on foot, each size .25"/.5 cm wider at calf. To fit US shoe size: S (4-6.5), M (7-9.5), L (10-12.5) Total length of sock about 22 (20, 18)"/ 56 (51, 45.75) cm from toe to top of cuff.

Needles: US 1 / 2.25 mm 9" circular needle, or 4-5 DPNs
US 0 / 2 mm 9" circular needle or 4-5 DPNs for a narrower 2x2 rib cuff if desired.

Notions: Stitch markers, small stitch holder, tapestry needle

Gauge: US1/2.25mm 34 sts x 44 rounds = 4"/10cm in stockinette st.

US0/2mm 40 sts x 44 rounds = 4" /10cm in 2x2 rib st if a tighter rib is desired.



Abbreviations:

CO – Cast on

Cont – Continue

DPNs – Double pointed needles

Inc – increase

K – Knit

K2tog – knit two stitches together

M1l – make one single left-leaning knit increase

M1r – make one single right-leaning knit increase

P – Purl

P2tog – Purl two stitches together

PM – Place marker

Rep – Repeat

RS – Right side

Sl – Slip

SM – Slip marker

Sts – Stitches

WS – Wrong side

Pattern Notes:

“Mahalle” means “neighborhood” in Turkish. This traditional toe up sock has been knit in Turkish families for generations, taught to the girls from the time they can first manage the 4 to 5 DPNs used. No woman follows a written pattern, but learns at the elbow of her elder sister, mother, or auntie. Toe up socks are perfect to fit the foot length as you knit. Turkish socks are worked in a single needle size for both rib and stockinette sts, but a one size smaller needle can be used for the rib for a more tailored fit.

Socks are knit in the round from the toe up on a set of DPNs for the Toe and Heel Flap. The Foot, Leg and Rib Cuff can be worked on either DPNs or 9" circular needles.

The toe cast on is a traditional Turkish Figure 8 Cast On, which has no seam at the edge of the toes. The foot is knit in the round, in stockinette stitch.

The Heel is turned using three DPNs knit flat back and forth in short rows to maintain the striping more consistently.

Leg stitches are picked up and increased by 4 sts after the Heel Flap/Turn Heel sections for a slightly wider leg, again worked in the round, and finished with a 2x2 rib.

The number of Leg or Foot sts is easily increased or decreased at the Heel flap section for better fit, as desired. The foot and leg lengths below can also be adjusted as desired, based on the total length per size as noted above.

Pattern:

Toe Box:

Turkish Figure-8 CO:

With 2 DPNs held parallel, place the yarn end between the needles, leaving at least 4"/10cm to the back. Make a Figure-8 wrap: working yarn end down and in front of the bottom DPN, around and between the 2 needles, in front and over the top needle, then back between the 2 needles; repeat until there are 8 wraps per needle, ending with the working yarn down around the bottom needle and held behind.



Slide the top needle sts within about ½"/1.25 cm from the end, and the bottom needle sts in the middle, all held in place with one hand, needles close together. With a third DPN in the other hand, knit the 8 sts on the top needle, keeping the sts as tight as possible. Turn so bottom needle is on top, working yarn coming from below and behind. Knit these 8 sts.

Repeat this 3-needle process, knitting the 8 sts on top needle, then turning to knit the remaining 8 sts.

Round 1: Knit 8 sts on top needle. This time, with a 3rd DPN, m1r and m1l from the gap in between the original 2 needles and knit these 2 sts. With another DPN, knit the second set of 8 sts. With a 4th DPN, m1r and m1l from the gap on the 4th side and k these 2 sts. There are now 4 needles in work: 8sts, 2sts, 8sts, and 2 sts.

Round 2: With the 5th DPN, knit a round leaving all sts on the 4 needles as placed.

Redistribute sts as necessary as you knit the following round:

Round 3: 1st needle (top/instep): k8, 2nd needle (side): m1r, k2, m1l - (4 sts). 3rd needle (sole): k8, 4th needle (side): m1r, k2, m1l (4 sts). (24 sts total)

Toe shaping – Knit in the Round

Note: Needles 2 and 4 (sides) will each have 1 st each end added. Needles 1 and 3 (top/instep and sole) will remain with 8 sts each. PM to denote EOR.

Round 1 and all odd rows through 19: Knit.
 Round 2: K8, m1r, k4, m1l, k8, m1r, k4, m1l. (28 sts)
 Round 4: K8, m1r, k6, m1l, k8, m1r, k6, m1l. (32 sts)
 Round 6: K8, m1r, k8, m1l, k8, m1r, k8, m1l. (36 sts)
 Rounds 8 - 20: Cont in pattern rounds as presented above increasing two stitches on either end of needles 2 and 4 to add a total of four stitches on each even row until there are 8 sts each on needles 1 and 3, 22 (24, 26) sts each on needles 2 and 4. 60 (64, 68) sts.



Toe Box to Heel – Knit in the Round

Redistribute sts evenly on the DPNs or on the circular needle and rep rounds knitting all sts until work measures 5.5 (6.5, 7.5)"/14 (16.5, 19) cm from CO.

Short Row Heel Flap – Worked Flat:



Rearrange the sts so that the center 30 (32, 34) top/instep sts are reserved on the circular needle, on a stitch holder or reserve needle, using point protectors to keep the sts in place. Knit until the end of these stitches so that the working yarn is ready to work the Heel Flap, which is worked **only** over the remaining 30 (32, 34) sole sts with 2 DPNs.

Row 1 (RS): Knit 30 (32, 34) turn work.

Row 2 (WS): Purl 30 (32, 34), turn work.

Rep rows 1-2 until heel flap measures 2"/5cm, ending on a WS row.

Turn Heel:

Divide these sts on three DPNs, as follows: left hand needle 10 (11,12), center (working) needle 10 (10,10), right hand needle 10 (11,12). The second or center needle is the working needle when turning the heel, therefore work the following rows on the center needle and incorporate stitches from side needles 1 and 3 as indicated:

Row 1 (RS): Knit until 1 st remains on working needle, k2tog using the remaining st on the working needle and the first st on side holding needle. Turn work.

Row 2 (WS): Purl until 1 st remains on working needle.

P2tog using the remaining st on the working needle and the first st on other side holding needle. Turn work.

Cont until all left and right ndl sts have been worked on to the center ndl. 10 (10,10) sts.



Leg – Knit in the Round:

RS: Repositioning sts onto DPNs or circular needles as worked, knit the center needle 10 (10, 10) sts, pick up 12 (13, 14) sts in the side of the Heel Flap, knit across the reserved 30 (32, 34) top/instep sts, pick up 12 (13, 14) sts on the other side of the Heel Flap. 64 (68, 72) sts (4 sts inc from Foot st count).

Knit until the sock measures about 18 (16, 14)"/45.75 (40.5, 35.5) cm from CO.

2 x 2 Rib Cuff:

Using smaller DPNs/circular needle, if desired, or use the larger needle for the entire sock, as is usually done by Turkish knitters.

PM to denote EOR.

All Rounds: *K2, p2*, rep from * to EOR.

Rep until the desired cuff length is reached. Cuff pictured is 3.5"/9cm.

BO all sts in pattern using a stretchy rib BO.



Finishing:

Using tapestry needle, weave in ends.